



RECOVERY

Addressing the aftercare needs
Of The Seminole Tribe of Florida

focus

June 2015

8th Annual Brighton Block Party

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On April 11th, 2015 the 8th Annual Brighton Block Party was held at the Brighton Reservation Sober House.

Annette J. & Lewis G. were the MCs for the event and recovery testimonials of Experience, Strength & Hope were given by

Caroline K. and Jake K. Entertainment was provided by The Andy Buster Band and Fellowship, food, and fun was had by all who attended.

Please visit Seminolesinrecovery.com to see a list of all our monthly events.



Recovery benefits everyone!



7th Annual Hollywood Clean & Sober Bowling Night

About Relapse...

You are not alone. And you're not a failure. Be proud that you've tried. Just because you've slipped, doesn't mean you can't recover. Keep trying and don't give up. Find out how to learn from your relapse to succeed the next time!



12 Steps of RECOVERY

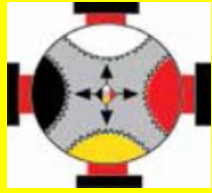
1. We admitted we were powerless over our addiction—that our lives became unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



The 7th Annual Hollywood Clean & Sober Bowling Night was held on June 12th, 2015 at SPAREZ located in Davie, FL.

This event is held yearly so that people in recovery can participate in an activity that does not involve the use of drugs or alcohol. Everyone who came out really enjoyed themselves and had a great evening of bowling.

We hope to see you at our next event!!!!



Medicine Wheel and 12 Steps for Youth (Ages 13-21) A Cultural Approach to Personal Recovery



Medicine Wheel and 12 Steps for Youth is specifically designed for youth (age 13-21). The focus of the program is to get behind the symptoms of alcohol and drug misuse and focus on the emotional, mental, physical, and spiritual foundations that cause young people to begin using alcohol and drugs in the first place. Separate programs have been

developed for boys and girls, given the different concerns they have. For more information, go to http://www.whitebison.org/trainings/2007pdf/medwheel_flyer.pdf

Article retrieved from the 2015 SAMHSA Prevention & Recovery Newsletter Vol. 3 No. 1 Winter 2015

WE ARE NOT A GLUM LOT...

*"We have been speaking to you of serious, sometimes tragic things. **But we are not a glum lot.** If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life. We try not to indulge in cynicism over the state of the nations, nor do we carry the world's troubles on our shoulders. When we see a man sinking into the mire that is alcoholism, we give him first aid and place what we have at his disposal. For his sake, we do recount and almost relive the horrors of our past. But those of us who have tried to shoulder the entire burden and trouble of others find we are soon overcome by them. So we think cheerfulness and laughter make for usefulness. Outsiders are sometimes shocked when we burst into merriment over a seemingly tragic experience out of the past. But, why shouldn't we laugh? We have recovered, and have been given the power to help others."*

*"The Big Book of Alcoholics Anonymous"
Page 132.*

Upcoming Events in Aftercare 2015

June 27th, 2015

6th Annual Seminoles In Recovery
Firecracker Golf Classic
Clewiston Golf & Country Club
Clewiston, FL

July 19th-23rd 2015

Wellness Conference
Marco Island, FL

August 22nd, 2015

Tampa Fish Fry
Lakeland, FL

September 19th, 2015

6th Annual SIR 5K Walk/Run
T.Y. Park, Hollywood, FL

October 2015 TBA

6th Annual Red Ribbon Golf Classic
Clewiston Golf & Country Club
Clewiston, FL

7th Annual Seminoles In Recovery

Tiger's Campsite Miccosukee Reservation
Ochopee, FL

November 12th-15th 2015

22nd Annual Cherokee AA Convention
Cherokee, NC

December 8th, 2015

11th Annual Gratitude Dinner
John Boy Auditorium
Clewiston, FL

January 2015 TBA

9th Annual Hollywood Fish Fry
Markham Park
Sunrise, FL



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Big Cypress/Immokalee
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**Bernard Colman,
Hollywood/Ft. Pierce
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**WE ARE ON THE
WEB!!
seminolesinrecovery.com**

**Daily
Recovery
Works**

Recovery Meetings, When & Where:

Big Cypress:

- Monday "12 Steps Reading" 12:00 pm at Sober House
- Wednesday AA Meeting 12:00 pm at Sober House AA
- Thursday Seminoles In Recovery Meeting 7:30 pm at Sober House
- Friday 5:00 pm Aftercare Group at Sober House

Brighton:

- Tuesday "Seminoles In Recovery Meeting 7:30 pm Sober House
- Thursday "Lunch Brunch" Meeting 12 noon AA
- Thursday "Lunch Brunch" Meeting 7:00 pm NA

Ft. Pierce:

- Thursday "A Vision For You" Meeting 12:00 pm AA Chupco's Landing Community Center

Hollywood:

- Monday 5:00 pm Aftercare Group at Sober House
- Wednesday 12:00 pm Women's Group at the

Family Services Office

- Wednesday 8:30 pm AA Meeting at the Tribal Administration Building
- Friday 7:00 pm NA Meeting at Seminoles Estates

Tampa:

- Wednesday 1:30 pm After Care Group at FSD Office

Alcoholics Anonymous:

MIAMI-DADE:

24 HR. Hot Line
305-461-2425

BROWARD COUNTY:

954-462-0265

LEE COUNTY:

24 HR. Hot Line
239-275-5111

NAPLES AREA:

239-262-6535

PALM BEACH COUNTY:

561-655-5700

FORT PIERCE:

772-873-9299

OKEECHOBEE:

772-873-9299

TAMPA:

813-933-9123

ST. PETERSBURG:

727-530-0415

Cocaine Anonymous:

Dade, Broward and Palm
Beach Counties

954-779-7272

Narcotics Anonymous:

South Florida

866-288-6262

Gamblers Anonymous:

South Florida

800-891-1740

Co-Dependents

Anonymous:

South Florida

888-444-2359

